

# Internet of Things (IoT): An Overview of Applications and Security Issues Regarding Implementation

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**Abstract**– The Internet of Things (IoT) is a powerful paradigm that has made progress in the almost every field of human life. This paper gives an overview of IoT, its enabling technologies, applications and security issues in the wireless technologies. IoT is enabled by a number of different technologies such as Radio Frequency Identifiers (RFID), and Wireless Sensor Networks (WSN). There are huge number of applications of IoT in almost every aspect of life i.e. healthcare, logistics and supply chain management, smart environment and social application etc. only a few of these applications are discussed in this paper. Security is an important concern of wireless networks and so it is one of the main issues in IoT. This paper gives an overview of the few of many security concerns in an IoT system and methods to prevent those issues.

**Keywords**– Internet of Things (IoT), RFID, WSN, Healthcare and Security

## I. INTRODUCTION

To date, a huge number of devices such as computers and mobile handsets used directly by humans communicate through worldwide Internet connections. The communication of this form is called Human-to-Human. In a not so far future, every object can be connected via Internet. The future is not going to be people talking to people, but it is going to be machines talking to other machines on account of the user. We are entering the era of IoT in where new forms of interaction between human and things, and also between things themselves is going to be realized, therefore adding a new aspect to the world of information technology and communication [1].

Internet of Things (IoT) is an innovative paradigm that is making ground in the setup of modern wireless telecommunications rapidly. The basic impression of this concept is the extension of Internet into real world by taking up everyday objects. Physical agents are no longer separated from the virtual world but are controlled remotely acting as physical contact points to Internet services [2].

The IoT is not a new concept in the industry. In his 1999 article for RFID Journal [3], Kevin Ashton defined Internet of Things as “If we had computers that knew everything there was to know about things—using data they gathered without any help from us—we would be able to track and count

everything, and greatly reduce waste, loss and cost. We would know when things needed replacing, repairing or recalling, and whether they were fresh or past their best. We need to empower computers with their own means of gathering information, so they can see, hear and smell the world for themselves, in all its random glory”.

The definition of Kevin Ashton was in the background of supply chain management. Nonetheless, the wide range of applications has made the definition more inclusive. Although, the description of ‘Things’ has changed with the evolution of technologies, the focal point of computer sensing information without human aid remains the unchanged. A profound evolution of current Internet into a network of interconnected objects which not only collect information through sensing and interacting with the physical world, but also employ current internet standards to deliver services for information transfer, communications, applications, and analytics. Open wireless technologies such as Bluetooth, RFID, and Wi-Fi; have led IoT from its infancy to the verge of fully renovating the current Internet into a fully incorporated future Internet [4].

Undoubtedly, the main strength of IoT is its high impact on numerous aspects of routine lifestyle and actions of the potential users. The success of IoT from the point of view of a private user will be evident in both domestic and working fields. In this situation, e-Health, assisted living, enhanced learning are few of many possibilities where the new paradigm will play a leading role. From the business user’s perspective, the most important applications will be in automation and industrial manufacturing, intelligent transportation, logistics, and process management [5].

The purpose of this paper is to define the concept of Internet of Things, its enabling technologies, and the use of these technologies in context of its basic applications and to create low-cost and low-power systems for efficient monitoring of critical data in remote areas and providing efficient services to the users. Also this paper discusses the main threats and attacks to the security of IoT system, and gives a brief overview of the cryptographic techniques used in sensor networks to provide information security in an IoT environment.

The rest of paper is organized as follows: Section II provides a comprehensive survey of the enabling technologies actuating the concept of IoT in real world. Section III

discusses the major application areas of IoT and some of their implementations. Security attacks on the wireless technologies involved in IoT and their countermeasures are discussed in section IV. Lastly we discuss the conclusion of our discussion and future work in the field of IoT.

## II. KEY TECHNOLOGIES INVOLVED IN INTERNET OF THINGS

Realization of the IoT model into the real world is achievable through the assimilation of a number of enabling technologies. This section discusses the most appropriate ones.

### A. Wireless Technologies

Now-a-days the wireless technologies are playing a vital role in our lives. Radio-Frequency Identification systems are the vital components of internet of things, which are composed of several RFID tags and more than one reader. Tags are distinguished by a unique identifier and are subjected to objects. By generating suitable signal, readers activate the Tag transmission, which illustrate a query for the potential occurrence of tags in the adjacent area and for the response of their IDs. From a manufacturing point of view, the RFID tag is a small microchip attached to an antenna in a suite which usually is similar to an adhesive sticker [6]. There are two types of RFID Tags: passive RFID Tags and active RFID Tags. Passive RFID Tags do not have onboard power supplies whereas active RFID Tags are getting power supply from batteries.

In the field of IoT sensor networks have played a fundamental role. These days sensor networks with the collaboration of RFID systems are used to trail the status of things in environment, i.e., their movements, location, temperature etc. The employment of sensor networks has been projected in numerous applications, such as intelligent transportation systems, e-health care monitoring, environmental/earth monitoring, military, and industrial plant monitoring. Sensor networks composed of a certain number of sensing nodes which communicate in a wireless multi-hop fashion. Generally nodes report the outcomes of their sensing to a small number of special nodes called sinks [5].

### B. IoT Architecture Technology Middleware

The IoT middleware is a software layer composed of a set of sub-layers placed between the technical and the application levels. The fundamental property of hiding the various technological details in middleware allows the programmer to free from problems that are not directly relevant to his focus, which is the development of the particular application enabled by the IoT infrastructures [7].

The middleware architectures for the IoT follow the Service Oriented Architecture (SOA) approach. The realization of the SOA principles allows for decomposing composite systems into applications consisting of simpler and well-defined components. A SOA approach also permits for reusing of both hardware and software, because it does not require a fixed technology for the service implementation [8].

The middleware relies on the layers explained as follows:

#### 1) Application Layer

Applications are present on top of the structural design, providing all the system's functions to the user. Indeed, application layer is not deliberated to be part of the middleware but use all the functions provided by the middleware layer.

#### 2) Service Composition Layer

Service composition layer is usually the upper layer of the SOA middleware. The main function of this layer is provided, the simple configuration of single services presented by network objects represented in order to build certain applications[9]. In this layer creation and management of complex services, can be seen with respect to the flow of business processes with workflow languages like Business Process Execution Language (BPEL) and Jolie [10].

#### 3) Service Management Layer

Service management layer offers the key features that should be available to every object and allows the management of each object in IoT framework. A fundamental set of services includes: status monitoring, service settings and object dynamic discovery. In order to meet the needs of the application of this layer it provides remote use of new services during process time. Service management layer also includes an enhanced set of functionalities associated to the Quality of service management, lock management, etc. At this layer a storing mechanism is present to know the records of services allied to each object in network [5].

#### 4) Object Abstraction Layer

The Internet of things depends on broad and heterogeneous objects, each to achieve the provision of certain functions on their own dialect. So an abstraction layer is able to access the diverse devices with a mutual language and the process of harmonization required. Therefore, unless a device provides detectable Web services over an IP network, it is necessary to introduce a cladding layer consisting of two sub-layers: the communication sub-layer and the interface layer. The interface layer provides a web interface exposes methods through a standard Web services interface is available and is responsible for managing all incoming mail / outgoing communication with the outside world involved responsible. The communication sub-layer is responsible for the reasoning behind the web service techniques and translation of these methods in a specific set of commands to the device to interact with objects in the real world [10].

#### 5) Trust, Confidentiality and Security Management

The incorporation of electronic communication objects in our lives a threat to our future. Therefore middleware functions should ally for the managing trust, confidentiality and security of all data exchanged. The corresponding functions can be either on a particular layer of the foregoing, or (often happens) distributed throughout the stack, from object abstraction to the service composition in a fashion that does not disturb system performance or introduce excessive overheads.

### III. APPLICATIONS OF IOT

The development of a number of applications of IoT has been made possible because of the potentials offered by this field. Only a small number of these applications have been made available to the society. There are a number of domains and environments in which the applications of IoT can improve our lives. Based on the review of literature for this paper, the applications of IoT can be classified into following application areas: healthcare, logistics and supply chain, and smart environment, personal and social applications.

#### A. Healthcare

Healthcare applications are one of the major fields of IoT. The new breed of low-cost, low-power communication devices have made it possible for the everyday objects to be part of the networks making Internet of Things. Similar advancements are made in electronic healthcare solutions, especially in wearable sensors and HealthCare Record (HCR) databases and formats [11]. IoT technologies provide many benefits in healthcare domain that can be grouped as: staff tracking and patients tracking, identification of healthcare personnel and authentication, sensing and collecting data [5].

There are several applications in the field of medical and healthcare. Among them those related on the use of the UHF RFID technology and WSN technology are discussed in Table 1.

In [12], RFID technology is used to build smart hospitals. It also demonstrates RFID Locator technology which is a web-based application allowing the tracking of assets within a predefined area. RFID Locator is scalable and robust distributed application.

A wireless localization system is presented in 2008 that tracks location of patients and monitor their physical status. The localization network is implemented using Fleck Nano wireless sensor platform for mobile inertial movement sensing [13]. The localization network consists of static nodes, mobile nodes and base nodes. The static node is

mounted at known positions all over building; mobile nodes are used to localize current position and motion activity of patients and base node displays the current position of mobile nodes.

An innovative algorithm named Ranging using Environment and Mobility Adaptive (REMA) RSSI Filter is proposed in 2009 which provides the distance estimates and supports real-time patient tracking at the disaster sites[14]. RSSI can be implemented for both indoor and outdoor settings. The main contribution in this paper is that it provides decentralized solution i.e., each blind node uses the distance estimation algorithm (REMA Filter).

In 2012 RFID-based system for locating mobile objects and orientation in hospitals is presented based on passive RFID technology. RFID tags are mounted on fixed and predefined sites within specific floor plate. The main advantages of this proposed system are that it minimizes the average positioning error, easily scalable and does not require sensor calibration plus time synchronization. The main issue seen in this system is that it provides only 2D position and designed for objects with small distance to the floor [15].

WSN4QoL is an extensive project for patients monitoring and tracking [16]. WSN4QoL architecture based on three-tier system in which, at the lowest tier is a Bluetooth-enabled wireless body area network (WBAN) sensor nodes connected to a local collector, which in turn directs the measurement reports to a gateway over a IEEE 802.15.4 based Zig-Bee network. Lastly, the gateway computes and forwards data to the public IP network towards the trained caretakers for real time analysis.

NIGHT-CARE is another proposed system which deploys wearable tags and ambient tags for remote monitoring of nocturnal behaviors and activities of children, disabled and elderly people. The wearable tags are a miniaturized UHF-RFID layout easily integrated into clothes whereas ambient tags are mounted on grounds and beds [17].

TABLE 1: HEALTHCARE APPLICATIONS

System/ Architecture proposed	Publication Name	Technology
RFIDLocator [12]	Building a Smart Hospital using RFID technologies	RFID Locator
Localization Network for Patient tracking [13]	Wireless Localization Network for Patient Tracking	Fleck Nano wireless sensor platform
Ranging using Environment and Mobility Adaptive RSSI (REMA) Filter [14]	Empirical Analysis and Ranging using Environment and Mobility Adaptive RSSI Filter for Patient Localization during Disaster Management	WSN technique based on REMA algorithm
Real time Location System (RTLS) for equipment location [15]	Equipment Location in Hospitals Using RFID-Based Positioning System	Passive RFID
WSN4QoL [16]	WSN4QoL: A WSN-Oriented Healthcare System Architecture	Wireless Sensor Networks
NIGHT-Care [17]	NIGHT-Care: a passive RFID system for remote monitoring and control of overnight living environment	Passive RFID

### B. Logistics and supply chain management

The role of RFID and Sensors in the field of supply chains has been established for a long time. Assembly lines of manufacturing facilities have been using sensors and RFID generally to track products in supply chain controlled by an enterprise. The IoT can enhance logistics and supply chain competence by providing detailed and up-to-date information about raw material purchase, production, transportation, storage, distribution, etc.

There are a number of applications of IoT in the field of logistics and supply chain management. Some of them are discussed in Table 2, along with the type of technology used.

Perishable goods are important part of our daily nutrition. The conservation status of these products needs to be monitored in order to maintain an efficient food supply chain. The simulation model defined in [18] describes the study of the quality of perishable things at a dealer under diverse issuing policies at the distributor. The expiry dates and product quality is automatically collected using RFID sensors to improve quality of objects in stores.

The system proposed in [19] uses integration of WSN and Barcode reader for real-time tracking of products information and code reading. It also gives a reference mathematical model for studying upper and lower limits of inventory for achieving faster, reliable and efficient management of supermarkets.

Logistic Geographical Information Detecting Unified Information System Based on Internet of Things in [20] integrates mobile telecom technology, RFID, GPS and perception technology for real time perception.

ALMA presented in [21] combines 3G and High Performance Computing (HPC) infrastructure to provide high quality mobile logistic services. The HPC infrastructure consists of: a *broker* for selecting an appropriate HPC infrastructure among several available distributed or parallel architectures, and the computing environment.

In [22], authors present an RFID based system called RF-compass for robot navigation and object management. When an RFID tagged object is provided, the RF-Compass precisely navigates an RFID equipped robot towards the object. The center position and orientation of objects can be pointed out by RF-Compass with an accuracy of 80-90%. The key innovation of this system is the iterative algorithm, using

RFID signals for space partition based on continuous movement of robot.

### C. Smart Environments

Internet of Things hosts the prophecy of ubiquitous computing and ambient intelligence increasing them by needing a complete communication and a comprehensive computing anytime, anywhere, with anything and anyone supremely by means of any network and any service [23]. In general, the vision of “smart environment” comprises of utilizing the current Information and Communication Technologies (ICT) in performing public affairs. The main aim of smart environment is to make improved use of resources and services accessible to citizens and providing good quality of life in industrial plant, homes and offices etc. Some applications in field of smart environment are given in Table 3.

A surveillance system is introduced in [24] based on internet of things for oil depot with the intention of providing safety management. The proposed system is composed of three layers: the sensing layer consists of RFID tags and explosion-proof personal digital assistants (PDAs) used to distinguish and intermingle with main services in oil depot. The communication layer is used to link worksite and internet in order to transfer data via 3G between user and internet. Through this the workers easily accessed the safety management information.

In [25], is presented a smart environment in which smart heat and electricity management system is used to monitor real-time electricity consumption of buildings and individual appliances. In this system smart meters are used for enabling automatic energy management and data recorders. Based on IoT technologies for information authentication and recognition, if the energy consumption of objects was above the limits then users will be informed of this abnormal situation.

In 2013, a system for monitoring of heritage site called Health Monitoring and Risk Evaluation of earthen sites (HMRES2S), based on a novel immune theory along with IoT technology is proposed [26]. It is composed of three layers: node monitor layer, health evaluation layer and result display layer.

TABLE 2: LOGISTICS AND SUPPLY CHAIN MANAGEMENT

System/Architecture proposed	Publication Name	Technology
Quality based issuing of Perishables [18]	Sensor Applications in the Supply Chain: The Example of Quality-Based Issuing of Perishables	RFID
Supermarket Chain Management [19]	Based on the Internet of Things the Supermarket Chain Management Information System Development and Safety Stock Research	WSN and Barcode Reader
Logistic Geographical Information Detection UIS [20]	Logistic Geographical Information Detecting Unified Information System Based on Internet of Things	RFID with GPS, Wi-Fi, GPRS and GSM
ALMA [21]	ALMA, A Logistic Mobile Application based on Internet of Things	3G, HPC
RF-Compass [22]	RF-Compass: Robot Object Manipulation Using RFIDs	RFID

The proposed model identifies environmental conditions such as temperature, humidity, light etc. by utilizing artificial antibodies. By monitoring environmental conditions the health evaluation layer intelligently evaluates the healthy level of earthen sites based on danger theory and results are displayed to heritage conservation worker.

Each sensor connected to a device in the IoT environment has to write complicated and burdensome program code for data collection. To solve this problem, a new method in [27] is proposed, for design of a reconfigurable smart sensor interface in IoT environment for industrial WSN. In this system the core controller is Complex Programmable Logic Device (CPLD), which reads data in parallel and in real time with high speed on multiple diverse sensors. An IEEE1451 smart transducer interface standard is used for this design, which effectively provides the hardware and software design structure for smart sensor interface and relevant protocol to get the intelligent procurement of common sensors.

#### D. Social Internet of Things (SIoT)

Current communication requirements of the society involve not only humans but also things, thus creating an IoT environment where entities have virtual equivalents on the Internet. These virtual entities not only use services, but also work towards common objectives and must be connected with all other services. To provide these entities the possibility of efficient communication, a new standard is needed. It is evident from scientific research that a great number of individuals connected via social network deliver more precise results to complex problems than an individual working on the same problem. The merging of IoT and social networking has directed to a novel concept called Social Internet of Things (SIoT) [28], where objects act like humans to generate their own relationships based on the rules set by their masters. While practical implementations of IoT are already available for use, the SIoT is still a field of pure exploration and simulations. Table 4 summarizes some of the implementations of SIoT.

MULTImedia-supported Social Web of Things (MUL-SWoT) provides easy incorporation of smart objects and 3<sup>rd</sup> party service providers for providing innovative IoT services recommendations and handling user data [29]. MUL-SWoT consists of five key elements i.e. Home Objects, Social Network, Smart Home Gateway, 3<sup>rd</sup> party service provider

and MUL-SWoT platform, performing different roles. An Intrusion Detection System (IDS) is built on top of MUL-SWoT for practical demonstration. The purpose of IDS is to observe homes and detect any possible intrusions, and attacks on the property, and notifying user about the status of the property by posting messages on Facebook wall of the user. Like Art[30] is another case in which social media and IoT are incorporated. Visitors are able to indicate their favorite artwork by just a wave of hand read through sensors attached to the object.

An Object Oriented method for SIoT is presented in [31], and its implementation on Android based Smart office is also defined. The relationships about nodes, class, owner and entity object are defined, along with six basic attributes and three methods to organize entity objects. The smart office application uses the sensor data and sends messages to the user through a cloud server on social media, which in this case is WeChat.

## IV. WIRELESS TECHNOLOGY SECURITY ISSUES

In the scenario of the existing Internet, many protocols and tools are available to meet many of the security problems, but applicability of existing tools in the field of IoT are limited due to restrictions on the IoT hardware nodes and wireless sensor networks. Another factor which limits the realization of present security tools is that the IoT devices typically have to perform in extreme, erratic, and hostile surrounding environments, which can be susceptible to damage and despicable intentions. Thus, the realization of the existing security tools continues to be a demanding task [32].

The wireless devices are responsible for the data acquisition across the network. There are several security issues corresponding to the wireless hardware security such as RFID nodes, sensor devices and sensor terminals.

#### A. RFID Security Issues and Countermeasures

A number of scholars have published documents surveying the major threats and have explored various approaches to protect privacy and guarantee integrity in RFID technology. Several threats on RFID components and their possible risk mitigation solution are given below [33].

TABLE 3: SMART ENVIRONMENT APPLICATIONS

System/ Architecture Proposed	Publication Name	Technology
Safety Management and Information system for Oil Depot [24]	Design and Implementation of Safety Management System for Oil Depot Based on Internet of Things	RFID and explosion-proof PDAs
Smart electricity and heat management and transportation [25]	Sustainable smart city IoT applications: Heat and electricity management & Eco-conscious cruise control for public transportation	Smart meters for electricity management and mobile sensors
HMRE2S model [26]	An Immune Theory Based Health Monitoring and Risk Evaluation of Earthen Sites with Internet of Things	Intelligent environment monitoring system which collects light, temperature, humidity etc. (HMRE2S model)
Smart Sensor Interface for Industrial WSN [27]	A Reconfigurable Smart Sensor Interface for Industrial WSN in IoT Environment	Complex Programmable Logic Device (CPLD), and IEEE1451

### 1) Jamming

It is the most common threat which affects the air-interface by paralyzing the operations of communication system concerning reader and tag. It is achieved using radio transmitters which create noise at the similar frequency used by the system for transmission of data. Passive means, such as shielding are also effective, due to non-robust air interface [34]. This risk is minimized by detecting jamming device early and localize so that suitable steps are taken.

### 2) Eavesdropping

Since data is emitted by RFID tags wirelessly and sent to appropriate reader device, there is a risk of data being intercepted by some attacker. This type of attack where attacker monitors the communication between tag and reader secretly is called Eavesdropping. It is simple for an attacker to obtain information because the tag data is mostly in plaintext form and thus easily understandable [34]. The collected information can be used for replay attacks or to collect private data about a person. These attacks can be minimized by encrypting the data, or by limiting the distance between tag and the reader.

### 3) Replay attack

Replay attacks occur when attackers intrude on the communication amongst tag and reader, and then use a duplicated tag to match the authentication sequences. RFID tag and air-interface are affected by this type of attack. It can be alleviated by encrypting data, shielding the tag, limiting tag-reader distance and by providing tag authentication [33].

### 4) Relay/ Man-in-the-Middle attacks

These types of attack occur during transmission of data from one component to another. In the words of Kfir and Wool [35], the two communicating devices are named *Leech* and *ghost*. Leech is placed near enough the target RFID device, and ghost is placed close to the target reader by the attacker. The communication between leech and ghost creates the illusion of physical connection between target RFID device and the target reader, which in fact are separated. The effect of this threat can be minimized by performing distance bounding protocols, shielding or using short range tags.

### 5) Blocking

Blocking occurs when attackers use a blocker tag to stimulate the presence of many tags and cause Denial of Service (DoS) as the reader tries to examine these nonexistent

tags. Blocking threat affects air interface and can be minimized if blocking devices are detected early so that suitable action can be performed [33].

### 6) Tag Cloning

Another important threat is tag cloning in which attackers made duplicate tag based on actual tag after having illegitimate access to actual tag. It is often categorized with spoofing, which is in fact described as duplication of tag data and transmitting it to the reader. Cloning affects RFID tags, air-interface and leads to financial problems in various application. Tag cloning threat can be alleviated using tag authentication.

## B. Sensor Network Security and Countermeasures

Sensor network technology in IoT exploit a number of sensor nodes, thus allowing the acquiring, processing, analysis and distribution of vital information, gathered across the network. Resource restriction in some applications of sensor networks cause them to work without security thus decreasing the Quality of Service (QoS) [36]. The major security attacks on sensor networks and cryptographic method to deal with those attacks are discussed in this section.

### 1) Sensor Network Attacks

The sensor networks are susceptible to a number of attacks. These attacks can be categorized according to the security requirements as follows [37]:

- **Secrecy and authentication:** the outsider attacks on secrecy and authentication of sensor networks, such as eavesdropping, replay attacks, modification of packets, or spoofing can be minimized by using cryptographic techniques.
- **Network availability:** the attacks on availability of network are commonly referred to as Denial of Service (DoS) attacks. Sensor networks are divided into layers making them more susceptible to DoS attacks, as these attacks can occur in any layer of sensor networks.
- **Service integrity:** the goal of attacker in these attacks is to make the network accept wrong data values.

### 2) Attacks Based on Layering

The protocol stack of sensor networks is composed of five layers viz. physical layer, data link layer, network layer, transport layer, and application layer [38].

TABLE 4: SOCIAL INTERNET OF THINGS

Reference	Publication Name	Technology
MUL-SWoT [29]	MUL-SWoT: A Social Web of Things Platform for Internet of Things Application Development	IP Cameras, sensors,
Like Art [30]	Like Art: Integrating Internet of Things and Social Networks	Sensors
Smart office based on Android Platform [31]	The Application of Internet of Things in Social Network	Arduino pro mini, DHT11 Sensor

This section provides an overview of the possible DoS attacks on these layers along with methods to counter these attacks.

a) **Physical Layer:** the responsibilities of this layer include modulation, frequency selection, and data encryption etc. the most common type of attack on physical layer are Jamming and Tampering[39]. As conferred in the previous section, jamming disrupts the communication system by operating on the same frequency used by the network nodes. The defense mechanisms used against jamming are Spread Spectrum and Blacklisting.

Another physical layer attack is tampering, in which sensor node are vulnerable to physical harm. The defense mechanism for this type of attack is tamper-proofing the physical package of the node.

b) **Data Link Layer:** this layer is accountable for medium access, error control, and multiplexing of data channels. Three types of attacks are possible at this layer viz. collision, exhaustion, and unfairness[40]. Collision occurs when two nodes try to transfer data at the same frequency concurrently. It changes the data portion of the colliding packets causing an error at the receiving end. The defense against this type of attack is achieved through error-correcting codes.

Resource exhaustion is another type of attack at data link layer, where repeated collisions are used by the attacker. A possible solution for this problem is to limit the data rate, such that only limited data can enter and transmitted effectively to the destination without exhausting the network. Another approach to eliminate this attack is time-division multiplexing.

c) **Network Layer:** This layer is accountable for packet routing [38]. The main attacks on this layer are spoofing, Sybil, selective forwarding and sinkholes etc. [39]. Spoofing is the most direct attack on any network which targets the routing information while it is exchanging between the nodes. Adding Message Authentication Code (MAC) to the message can help eliminate this attack.

Sybil attack occurs when more than one identity of a node is presented to the network. This type of attack can be countered by using node authentication and probing[41].

Selective forwarding is another attack at network layer. In multi-hop networks, all nodes forward the received messages precisely. The attacker may create harmful nodes which may forward selective messages while dropping others. The resistance against this attack is achieved using multiple paths to send data or to detect malicious node and select an alternative route.

In Sinkhole attack, the attacker forges the routing information to make a malicious node look more attractive to the surrounding nodes. All traffic from the network will flow through the compromised node, thus making selective forwarding easy for the attacker. Sinkhole can be avoided using

authentication, and by monitoring the network against harmful nodes [41].

d) **Transport Layer:** This layer is responsible for managing a reliable end-to-end connection. There are two possible attacks on this layer i.e. flooding and de-synchronization [39]. Flooding occurs when a large number of connection requests are sent to a vulnerable node. The legitimate requests are ignored as the connection becomes exhausted.

De-synchronization is the disruption of existing connection. The countermeasure for this attack is to provide authentication of all packets exchanged between the nodes.

### 3) *Cryptography in Sensor Networks*

Since sensor nodes have limited storage and computational resources, the traditional methods of Internet security are too expensive for sensor networks. As all the security services are provided by cryptography, therefore selection of proper cryptographic method is extremely important in sensor networks [37].

There are two types of cryptography: Symmetric key cryptography and Asymmetric key cryptography. A single key is used for both encryption and decryption in symmetric key cryptography, while asymmetric key cryptography uses separate keys for encryption and decryption [39].

Use of encryption algorithms, key distribution policies, intrusion detection mechanism and security routing policies, can help minimize the security threats to the sensor networks [32]. These methods are explained below:

a) **Key management [42]:** it is an important and complex issue in symmetric key cryptography. Several schemes are proposed for solving this issue, the most common being the key pre-distribution schemes, which distributes keys onto sensor nodes before deployment. The sensor nodes can use these keys for secure communication setup after deployment.

Key pre-distribution schemes are further divided into two types based on the possibility of sharing keys between two sensor nodes: deterministic and probabilistic. The main idea of probabilistic scheme is to pre-load each sensor randomly with a subset of keys from the key pool before deployment. On contrary, deterministic scheme guarantees that the two intermediate nodes share one or more pre-distribution keys.

b) **Secure routing strategies:** Data routing and forwarding is a vital service for establishing communication in wireless sensor networks. There are several security issues in routing data. In order to improve security, many routing protocols are being designed especially for sensor networks. According to network structure, these protocols are classified as [39]: flat-based routing, hierarchical-based routing, and location-based routing. Equal functionality is assigned to all nodes in flat-based routing. In hierarchical-based routing, different roles are played by nodes in the network. In location-based routing, the positions of sensor nodes are used to route data across network.

A number of security routing strategies are proposed, including multi-path routing policy which is used to counter forwarding attacks. Also by limiting the routing of nodes to a specific range data, flooding attacks can be minimized [32].

- c) **Intrusion detection mechanism:** Sensor networks are vulnerable to many forms of intrusions. When the security flaw is detected in sensor networks, the intrusion detection mechanism provide additional security layer in IoT and suitable security remedies are provided [43], [44]. These mechanisms monitor network for suspicious activities against normal behavior.

## V. CONCLUSION

Internet of things is an emerging field which has improved the quality of human life with its vast automated applications. The functionalities provided by IoT can save time and computational power of users to help improve results in the diverse application areas. This paper presented the overview of the enabling technologies and applications of IoT in different fields. Further, some of the security issues regarding the wireless technologies involved in deployment of IoT are presented along with their possible countermeasures. The future of internet is IoT, but there is still a need for further research in this field because of the ever increasing demands of users.

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